



1893
SPA

IMPORTANT INFORMATION

BOOKING

Full payment of spa packages, any treatments and use of the spa facilities is required at time of booking.

Please ensure that you arrive at the spa at least 15 minutes prior to your appointment in order to make full use of your treatment time and consultation.

CANCELLATION

Spa treatments must be cancelled within 24 hours prior to booking.

Spa packages, group bookings and spa facilities must be cancelled within 48 hours prior to booking. If notice is not given, the full cost of the treatment may be charged.

TERMS & CONDITIONS

The minimum age required for spa treatments and use of spa facilities is 16. Jessica nail treatment 8 – 16 years.

When concerning our range of treatments available for minors under the age of 18, there must be parent's written consent. Parents must sit in the room with their child for the full duration of the treatment. Treatments will not go ahead without parent's written consent. If you are thought to be under the influence of alcohol or drugs you will be refused your treatment.

MEDICAL & ALLERGIES

Some treatments are not suitable for certain medical conditions, please inform us on booking of any pre-existing medical conditions and we strongly recommend you consult your doctor before booking any treatments.

You must declare any surgery that has taken place in the last 12 months before your appointment.

If surgery had taken place in the last 12 months your treatment may be cancelled.

Any conditions requiring life maintaining medication will not be accepted.

A patch test is required 24 hours prior to certain treatments, please consult our spa therapists

if you have any skin conditions, such as Psoriasis or Eczema, as well as any other allergies or conditions that may affect your treatment, for example a nut allergy. To avoid disappointment please consult a medical professional and bring a Doctor's note clearing you for any treatments. Treatments may be cancelled at the discretion of our spa therapists.

SPA ETIQUETTE

We politely request that you respect other guests and the ethos of the spa. Please switch your phone to silent during your visit. Clients having spa packages or using the spa facilities, please leave your personal belongings and valuables in lockers. Underwear/Swimwear must be worn throughout the treatments.



including you

If you are looking for a little pampering or a soothing massage, our highly trained therapists are on hand to offer a range of TEMPLESPA treatments and therapies suited for any emotional or physical need.

TEMPLESPA is a British science-led skincare brand built on over 25 years of formulation breakthroughs, where heritage meets innovation. Blending the finest ingredients with cutting-edge technology, we have exceptional, results-driven products that are a fusion of hyperactives, rich botanicals and vitamins. Our ethically conscious brand and feel-good experiences are a reminder to create a “spa wherever you are.” TEMPLESPA is Science with Soul.

Our spa also has a choice of luxurious treatments for the hands and feet through our partnership with Jessica Nails, providing manicures and pedicures for both men and women. So if you wish to unwind, release a bit of tension, experience a rejuvenating facial or simply need a pedicure or manicure, a trip to our spa will do wonders and so much more.

TEMPLESPA - DRIFT AWAY MASSAGE

RELAXING AROMATHERAPY MASSAGE

This deeply relaxing top-to-toe massage, formulated with a dreamy blend of Mediterranean essential oils including Frankincense, Lavender and Patchouli, is guaranteed to have you drifting away. This is the perfect treatment to soothe and calm frazzled nerves and wind down an active mind; tension and stress simply melts away.....stay awake if you can zzzzz!

TREATMENT TIME

30 minutes - £60

60 minutes - £95

TEMPLESPA - WORK IT OUT MASSAGE

REVIVING DEEP TISSUE MASSAGE

A detoxifying, deep tissue massage that works out tired, aching muscles and overworked limbs. Using the ingenious WORK IT OUT muscle-tox massage oil with Mediterranean essential oils of Juniper, Lavender and Cypress. We begin with full body brushing to stimulate the circulation to improve lymph drainage. Then a deep tissue, body boosting massage with muscle-fitness techniques and movements to really give your muscles a work out – untangle knot and ease tension and tightness. Better all round!

TREATMENT TIME

30 minutes - £65

60 minutes - £100

TEMPLESPA - NEW BEGINNINGS

PREGNANCY MASSAGE

Pregnancy is a most wonderful time that requires treatments specially designed for you. You will enjoy a full body massage, without the need to lie on your front. Our specially trained therapists know exactly how to work those sore, tired and aching muscles while you feel completely comfortable and relaxed. The treatment is complete with a face and scalp massage leaving your skin feeling baby soft all over. You never know, your little bambino might enjoy the sense of calm too!

14 WEEKS + ONLY - PLEASE TALK TO A SPA THERAPIST BEFORE BOOKING.

TREATMENT TIME

30 minutes - £60

60 minutes - £85

TEMPLESPA - MY KINDA SKIN FACIAL

PERFECTLY BESPOKE PRESCRIPTION FACIAL

Let us analyse your skin and prepare a tailored treatment just for you. Your facial includes our signature massage plus a relaxing scalp massage. You will feel amazing and your skin transformed.

TREATMENT TIME

30 minutes - £60

60 minutes - £85



TEMPLESPA - ALL ABOUT THE GLOW

GLOW & RADIANCE FACIAL

This advanced, skin transforming facial turns up your glow with instant and visible results for firmer feeling & brighter, healthy looking skin. Your complexion is transformed thanks to intelligent active ingredients boosted by vitamin C and our glycolic acid complexes.

TREATMENT TIME

30 minutes - £60

60 minutes - £85

TEMPLESPA - MEDITERRANEAN MARINADE FACIAL

HYDRATE & SOOTH FACIAL

A deeply hydrating facial to help soothe and calm the effects of fatigued, delicate or stressed skin. The secret is in our cooling, calming probiotic products, gentle lymph draining and tranquil facial massage.

TREATMENT TIME

30 minutes - £60

60 minutes - £85

TEMPLESPA - REPOSE FACIAL

RELAX & RESTORE FACIAL

There's nothing like stress for lining the skin and there's nothing like relaxation for smoothing it! This indulgent aromatherapy facial includes a relaxing face massage and eye treatment followed with hot oil scalp massage, plus a hand and arm massage. Want to look and feel less tired? Then this is for you.

TREATMENT TIME

30 minutes - £60

60 minutes - £85

TEMPLESPA - AAHHH!

REVIVE & ENERGISE FOOT & LEG TREATMENT

This oh-so-good treatment is instant relief for tired, overworked legs & feet. Begins with skin brushing, to help eliminate excess fluids, followed by a warm oil massage and an invigorating foot rub!

TREATMENT TIME

30 minutes - £50

TEMPLESPA - BACK TO LIFE

PURIFY & INVIGORATE BACK, NECK & SHOULDER TREATMENT

This invigorating treat includes a deep cleanse and exfoliation of the back, the choice of a relaxing, stimulating or deep tissue massage followed by a warm purifying mud. Leaves you with a back to be proud of.

TREATMENT TIME

45 minutes - £65

TEMPLESPA - THE OUTER GLOW

GLOW & RADIANCE BODY TREATMENT

An invigorating and refreshing all-over exfoliation treatment that leaves skin soft, revitalised and hydrated. The perfect way to begin another body treatment and an absolute must before you commence your vacation or special event. Off you glow!

TREATMENT TIME

60 minutes - £80

TEMPLESPA - THE MEDITERRANEAN MINI BREAK

HYDRATE & SOOTHE FACE & BODY EXPERIENCE

This deluxe treatment will leave you feeling like you've taken a mini vacation. Your mind will escape as your body is polished and nourished with our iconic Mediterranean body scrub and your face is indulged with our unique Mediterranean marinade facial. Totally smoothed and soothed, head to toe.

TREATMENT TIME
90 minutes - £115

TEMPLESPA - THE TOTAL GLOW UP

GLOW & RADIANCE FACE & BODY EXPERIENCE

This unique face and body experience leaves your skin, face and body positively glowing from top-to-toe! To begin, you will be treated to a body brush, scrub and application of moisturiser, followed by a face & body contouring treatment which works on relieving tension and improving tone. Lastly, our advanced skin transforming facial turns up your glow with instant and visible results. A total face and body glow up!

TREATMENT TIME
90 minutes - £130

SIDE ORDERS

15 MINUTES • £15

Enhance your treatment with one of our indulgent Side Orders — thoughtfully designed to complement your experience, encourage deeper relaxation and leave you feeling beautifully restored. Choose from our selection of luxurious 15-minute treatments, each offering the perfect little moment of extra care.

Available as an add-on to any facial, massage or body treatment.

RELAX & RESTORE HOT STONE NECK & SHOULDER MASSAGE

A deeply soothing massage using warm stones to release tension across the neck and shoulders, leaving you feeling relaxed and restored.

RELAX & RESTORE HOT OIL SCALP MASSAGE

A calming scalp massage with warm, nourishing oils to ease tension, quiet the mind and encourage deep relaxation.

HYDRATE & SOOTHE HAND RITUAL

A nurturing treatment designed to soften, hydrate and comfort hardworking hands, leaving the skin smooth and replenished.

PURIFY & BALANCE FOOT RITUAL

A refreshing foot treatment that cleanses, revitalises and restores balance, leaving tired feet feeling soothed and renewed.

JESSICA MANICURE

Jessica's prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

TREATMENT TIME

45 minutes

Normal Polish - £45

Gel Polish £55

ZENSPA PEDICURE

A luxury foot and leg treatment, where hard skin will be removed and you will be massaged with a deep conditioning cream. Skin will be left smoother and softer, while cuticles groomed and nails trimmed and colour polish of your choice will be added.

TREATMENT TIME

60 minutes

Normal Polish - £50

Gel Polish - £60

FILE & POLISH

Nails are filed, shaped & finished with your choice of colour from a range of Jessica's nail polish or GELeration gel polish.

TREATMENT TIME

45 minutes

Normal Polish - £30

Gel Polish - £35

GEL REMOVAL

Removal of gel previously applied at the 1893 Spa.

TREATMENT TIME

30 minutes - £10

BARE MANICURE

A luxurious ritual dedicated to the natural beauty of your hands and nails. Enjoy a gentle cleanse and exfoliation, meticulous nail shaping and cuticle care, followed by a nourishing hand massage to leave skin beautifully soft and restored. Nails are delicately buffed to reveal a naturally healthy, luminous finish. With the option of a clear base and top coat for added protection and shine.

TREATMENT TIME

45 minutes - £30

BARE PEDICURE

A deeply relaxing ritual to restore and revive tired feet. Begin with a soothing cleanse and gentle exfoliation, followed by expert nail shaping and cuticle care. A nourishing treatment and indulgent foot massage leave the skin feeling silky smooth, refreshed and beautifully cared for. Finished with a gentle buff of the nails for a naturally healthy, polished appearance, with the option of a clear base and top coat for added protection and shine.

TREATMENT TIME

45 minutes - £30

CHILDREN'S FILE POLISH

Nails are filed, shaped & finished with your choice of colour from a range of Jessica's nail polish. From ages 8 - 16 years.

TREATMENT TIME

30 minutes £15

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