

Spring Term (5th January to 11th January 2026)

swimming times

*Subject to change

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thur</i>	<i>Fri</i>	<i>Sat</i>	<i>Sun</i>
Pool closure	Pool closure	Pool closure	Pool closure	Pool Closure	8.00am - 9.00am	8.00am - 9.00am
					9.15am - 10.15am	9.15am - 10.15am
					10.30am - 11.30am	10.30am - 11.30am
Sauna & Steam Open 8-5pm	Sauna & Steam Open 8-5pm	Sauna & Steam Open 8-5pm	Sauna & Steam Open 8-5pm	Sauna & Steam Open 8-5pm	11.45am - 12.45pm	11.45am - 12.45pm
					2.00pm - 3.00pm	2.00pm - 3.00pm
					3.00pm- 4:00pm	3.00pm - 4.00pm
Gym 8-5pm	Gym 8-5pm	Gym 8-5pm	Gym 8-5pm	Gym 8-5pm	4:00pm- 4:55pm	4.00pm- 5.00pm



NORFOLK WOODS
RESORT & SPA

-Residents on park can book up to a day in advance
- Public can book on the day.